The Psychiatric Reform in Andalusia, and now what?

Konference o recovery
Plzeň, 11. až 12. února 2020
Druhá první česká mezinárodní

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JUNTA DE ANDALUCIA
CONSEJERÍA DE SALUD Y FAMILIAS

HOSPITALES UNIVERSITARIOS
Virgen del Rocío

Unidad de gestión clínica del Hospital virgen del Rocío (Sevilla)

786.569 inhabitants in the Health Area

Population 8.426.405

Sierra de Huelva-Andévalo Central

Córdoba Norte

Jaén Norte

Jaén Nordeste

Guadalquivir

Sevilla Norte

Córdoba

Huelva-Costa

Jaén Sur

Jaén

Córdoba Sur

Sevilla

Sevilla Este

Granada Nordeste

Levante-Alto Almanzora

Aljarafe

Sevilla Sur

Granada

Condado-Campiña

La Vega

Metropolitano de Granada

Almería

Jerez-Costa Noroeste

Sierra de Cádiz

Valle del Guadalhorce

Axarquía

Granada Sur

Poniente Almería

Serranía

Málaga

Bahía de Cádiz-La Janda

Costa del Sol

— Distritos de Atención Primaria

Zonas básicas de Salud

Campo de Gibraltar

Áreas de Gestión Sanitaria

Osuna

Sur de Granada

Campo de Gibraltar

Norte de Almería

Norte de Málaga

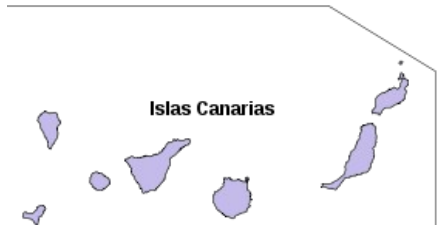*Norte de Córdoba*

Serranía de Málaga

At the beginning

1977 Democratic
            dum
1978 Spanish
Constitution Law

SPAIN
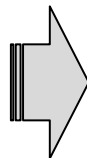17 Autonomous Communities
 2 Autonomous Cities
46,449,565 Inhabitants

Galicia
Principado de Asturias
Cantabria
País Vasco
Navarra
La Rioja
Castilla y León
Aragón
Cataluña
Comunidad de Madrid
Castilla-La Mancha
Comunidad Valenciana
Extremadura
Islas Baleares
Región de Murcia
Andalucía
Ceuta
Ciudad Autónoma de Ceuta
Melilla
Ciudad Autónoma de Melilla
Islas Canarias

Andalucía: 8 Provinces
    8.411.205 Inhabitants

1986 General Health Law

Central Goverment
Ministry of Health, Social Policy & Equality

Basic and general health coordination
Health Abroad and international health agreement
Pharmaceutical legislation
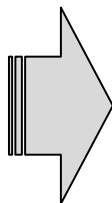
Regional Department of Health

Health Planning
Public Health
Health Care

…. the begining

- **8 Psychiatric Hospitals**

- **69 outpatient neuropsychiatric consultations**

Working in progress

25 years

- **1975-1984**… desinstituzionalitation accions since some commited professionals

- **1984** The Andalusian Parlament accepted, in a complete agreement, the creation of the Andalusian Institute for Mental Health (IASAM)
- **1986** General Health Law

- **1988** First families Associations

- **1990** All our Public Mental Health Centers were inside the Andalusian Health System (SAS).
- **1993** Andalusian Parlament aproved a Public Foundation for Social Integration Services in MH (FAISEM)
- **1999** Old Psychiatric Hospitals were definitively closed.
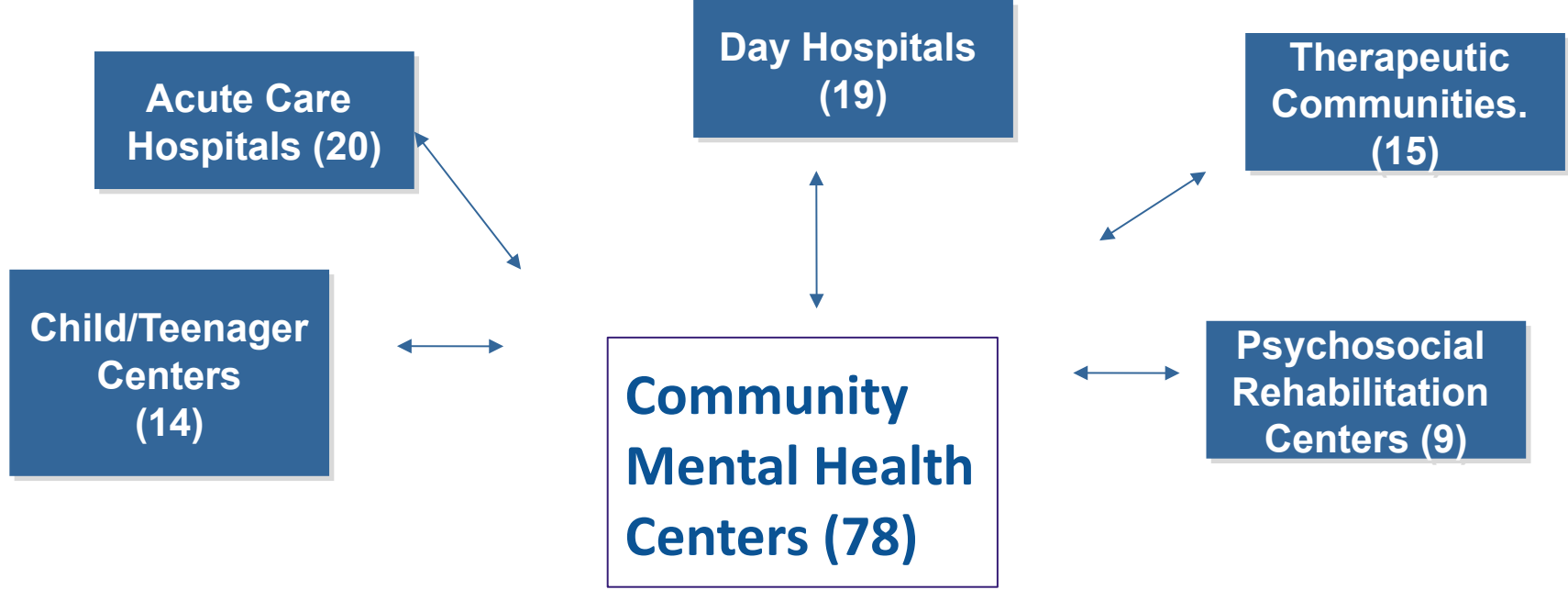
Housing PROGRAM

Boarding Houses

55 HOMES
955 Residents

Apartments

172 APARTMENTS
689 Residents

Homeless care

148 People at.

Empl. PROGRAM

Social firms

9 Social FIRMS
690 Workers
360 SMD

SOAE

8 SOAE
1700 people at.
812 people hired.
1616 contracts

DAY Care PROGRAM

Day Centres

30 CENTRES
2000 people at.

Clubs

42 CLUBS
1500 people at.

Home Support

251 people at.
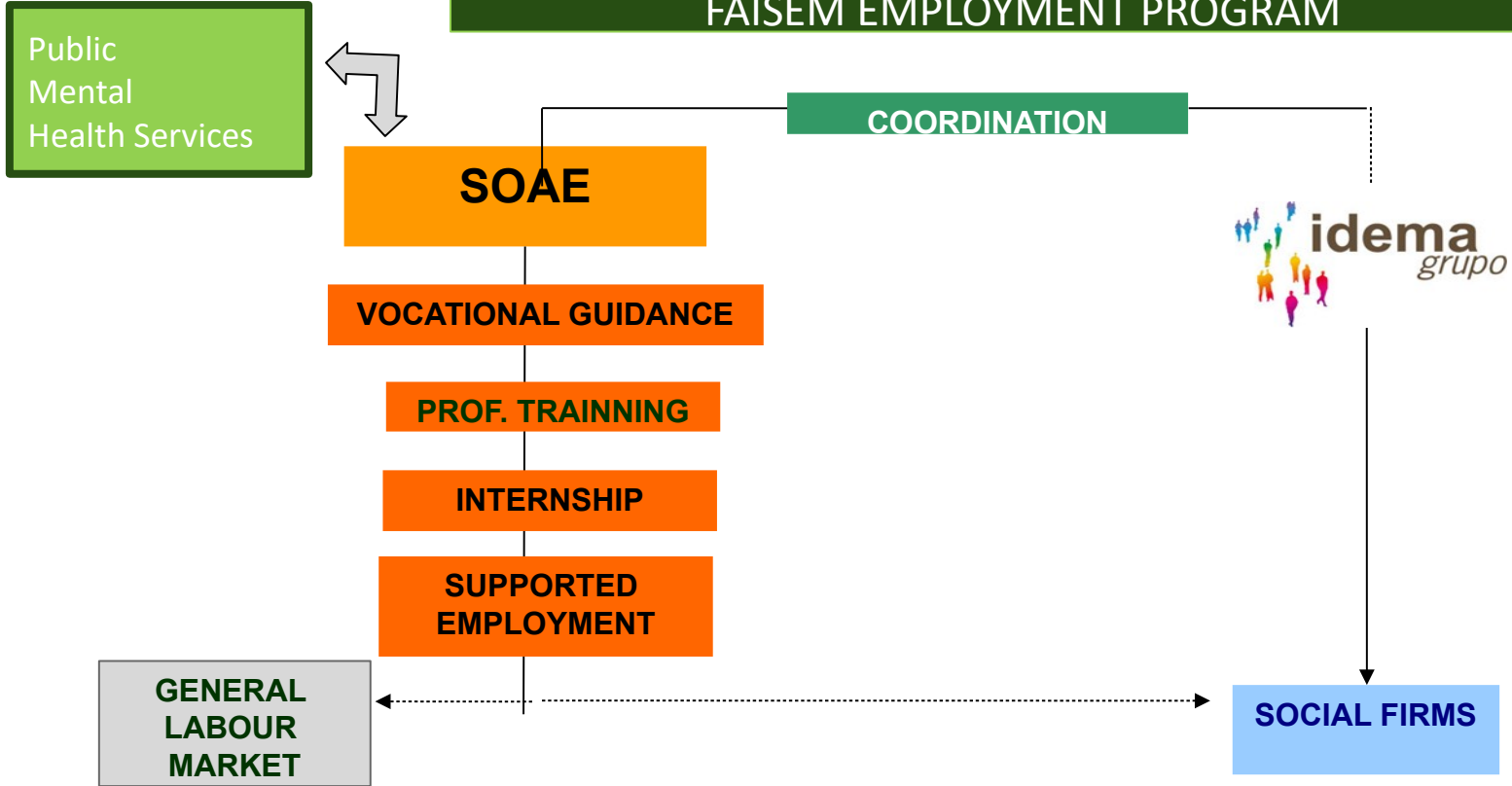
DATES FAISEM PROGRAMMES 2018

	Number of resources	Number of places	Places X 100,000 inhabitants
Residential Program			
Boarding Houses	55	960	11,5
Apartment	186	705	8,1
Nursing Home for the elderly places		38	0,45
Home Support		236	2,8
Employment Program			
Social Firms *	9	422	5,0
Employment Guidance and Support Services	8	3292	39,27
Day Care & Leisure Programs			
Occupational Workshops	76	2010	23,97
Day Centre	30	1240	14,79
Social clubs	45	1980	23,62
Holiday Program		254	3.0
Specific Programs			

FAISEM EMPLOYMENT PROGRAM

Public Mental Health Services

COORDINATION

SOAE

idema *grupo*

VOCATIONAL GUIDANCE

PROF. TRAINNING

INTERNSHIP

SUPPORTED EMPLOYMENT

GENERAL LABOUR MARKET

SOCIAL FIRMS

PROILABAL S.L. ALMERÍA Jardinería, limpieza, almacenamiento y distribución.

GESSER S.L. CÁDIZ Jardinería, limpieza, almacenamiento y distribución.

AZAHARA SUR S.L. CÓRDOBA Limpieza y almacenamiento y distribución.

AJARDINAMIENTOS NEVADA S.L. GRANADA Jardinería, limpieza y almacenamiento y distribución, y restauración.

INDESUR S.L. HUELVA Jardinería, limpieza y almacenamiento y distribución.

GRUPO DE EMPRESAS SOCIALES S.L. JAÉN Limpieza, almacenamiento y distribución.

MULTISER S.L. MÁLAGA Jardinería, limpieza, aparcamiento, conserjería, almacenamiento y distribución, y restauración.

PROAZIMUT S.L. SEVILLA Limpieza, almacenamiento y distribución, restauración y electrónica SERVILIA S.L. SEVILLA Jardinería, limpieza, conserjería y restauración.

17 MH Associations (families)

13 Peer support Associations

Help Guides

peer2peer

mutual support training

EN PRIMERA PERSONA

Día del Orgullo Loco
20 de mayo   12:00 a 18:00h
Parque del Alamillo

EXPOSICIÓN DE ARTE, CORO "AL UNÍSONO", PASACALLE, ZONA
INFANTIL PARA LOS MÁS PEQUES, MICRO-ABIERTO DE POESÍA,
JUEGOS TEATRALES, TALLER DE AUTOESTIMA FLAMENCA,
FLASHMOB Y MUCHO MÁS !

Acto lúdico – reivindicativo
¡¡VEN Y ÚNETE !!

Pride Day

INFÓRMATE
EMPODÉRATE
EN PRIMERA PERSONA
Diversamente

Mutual help Groups

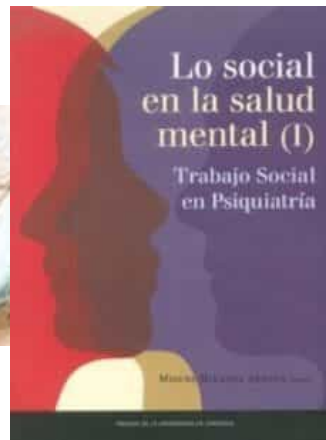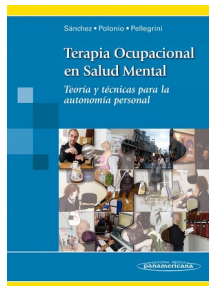| Provincia	Localidad	Asociación
Sevilla	Sevilla	TOCAS
	Sevilla	ABBA
Málaga	Málaga	ALFARALA
	Vélez Málaga	ADUSMAX
Granada	Granada	SAPAME
	Motril	AMENSA
Córdoba	Pozoblanco	AFEMVAP
	Cabra	ASAEM SURCO
		(en proceso de federarse)
Almería	Almería	BAO ÍNDALO Almería
	Huercal	ALNORTE Almería
	Overa	AUPA
	Almería	(en proceso de federarse)
Cádiz	Jerez	ACME Activa-Mente

FEDERACIÓN ANDALUZA DE
ASOCIACIONES DE SALUD MENTAL
"EN PRIMERA PERSONA".

EN PRIMERA PERSONA
FEDERACIÓN ANDALUZA DE ASOCIACIONES
DE SALUD MENTAL EN PRIMERA PERSONA

Huelva   Córdoba   Jaén
Sevilla   Granada   Almería
Cádiz   Málaga
ACME

0% contenciones
Por una salud mental libre de ataduras!!

Professionals

Rehabilitación Psicosocial

Asociación Andaluza de profesionales de Salud Mental

FACULTAD DE CIENCIAS DE LA SALUD

Terapia Ocupacional en Salud Mental
Teoría y técnicas para la autonomía personal
Sánchez • Polonio • Pellegrini

XXXII JORNADAS AAPSM JEREZ 17-19 OCT 2019

Lo social en la salud mental (I)
Trabajo Social en Psiquiatría

SANIDAD SE VENDE SE DEFIENDE

Global Results

- All Mental Health Services are inside the Health System like specialized services connected with Primary Health and Social Local Services

- Access to Health Services ist Universal

- The Health Network have developed different programmes: children and young Services; hospitalitation; Psychosocial Rehabilitation...

- We have a Public Foundation for Social Programmes:
  - network of Supported Houses

  - Social Firms and regular Employment with Support

  - Day- Centres

- Associations with Mutual Support

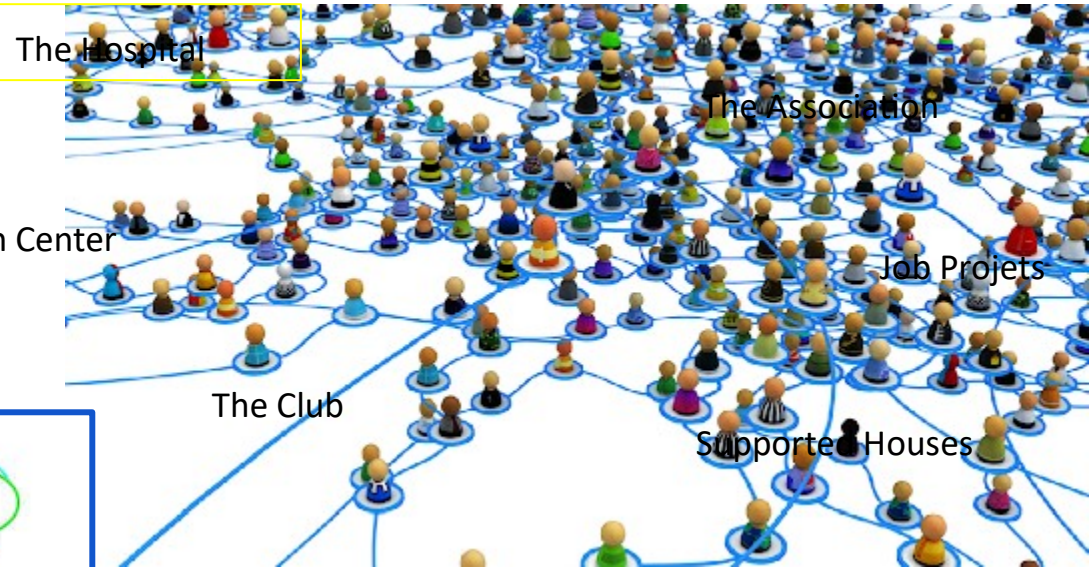- Citizen have changed the social perception about People with MI or MH Services

- Economical Crisis in the last years. Conservative Policy. Stop inversions in Health and Social Services.
- Less Primary Services. Dislocation of money in new private services.
- Changes in our Society: more population goes to mental health consulting
- Saturation of the in the first Communitary Services Consultations. Medicalized und Psychologized Society.
- Mental Health oriented by biological and "tecnological" activities (white coats)
- Difficulties to access to specific Social Resources……….. Dependency Valoration as a requirement
- Houses, Day Care Facilities only for people with very low level of Autonomy
- Not in all spanish territories "Psychiatric Hospitals" have been closed
- We don´t have an unified system of information between territories. Compare dates and results ist difficult.

Association

Health Services

The Hospital

The Association

Social Care

The Rehabilitation Center

Job Projets

The Club

Supported Houses

Good "Guides" to oriented our Practices

When the Process of transformation ist finished?

what kind of strategies to improve situation in all countries in Europe?

I introduce you a Therapeutic Community in Seville

HOSPITALES UNIVERSITARIOS
Virgen del Rocío

786.569 inhabitants in the Health Area

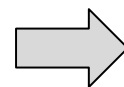**6 Community Mental Health Centers**

+

2 Acute Care Hospitals

1 Day Hospitals

2 Therapeutic Communities

Rehabilitation Centers

1 Intensive Community Team

Comission for SMDP Attention

- Coordination between teams
- Case discussions
- Derivations to recourses

CONSEJERÍA DE SALUD

PROCESO ASISTENCIAL INTEGRADO

TRASTORNO MENTAL GRAVE

Guía de diseño y mejora continua de procesos asistenciales

JUNTA DE ANDALUCÍA

Integrated Process to work in network with people suffering a SMD

- People with Psychotic or Personality Disorders.
- With, at least, five admission, or six consecutive months, in Acute Care Services.
- with several repercussions in personal live areas (daily life, education, job, social relationships and it is necessary intersectoral interventions (family, house, job, Justicie)
- low adhesion
- poor support network
- with prolonged evolutio, or not

RECOVERY attitudes, motivations, skills for an active life and social coexistence

RECOVERY through therapeutic, educational, social participation interventions and programmes.

RECOVERY personal and social functioning in the own house; residential facility; job, educational context u others.

Process

- evaluation and PIT
- Programmes: CH (12beds) - DH (30 places) - HC (15p)
- each people with a referent and reliable team (psychiatry or psychology and nurse) + social worker and Occup. Therapist
- We suggest an Intervention Plan with the person and his/her family and all together review periodically
- Stay 3 months to 2 years

Team

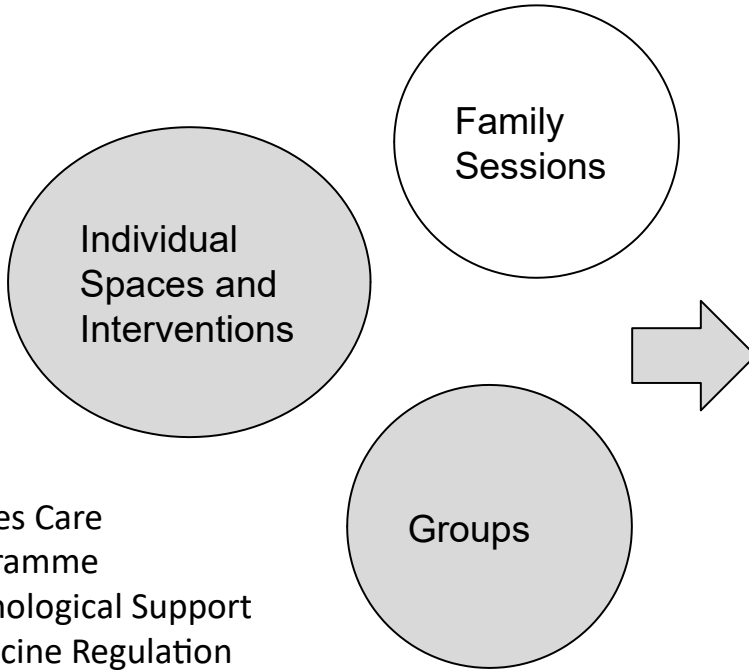**8 hs Team (8.0 a.m /15.00 p.m)**

- 2 psychiatrists
- 1 psychologist
- 2 nurses
- 2 nurses assistants
- 1 social worker
- 1 occupational therapist
- 3 OT monitors
- 1 office administer

12 hs Team (8.00 am / 20.00 p.m)
1 nurse
1 nurse assistant
1 OT monitor

12 hs Team (20.00 p.m/ 8.00 a.m)

1 nurse
1 nurse assistant
1 orderlies

Family Sessions

Individual Spaces and Interventions

Groups

- Nurses Care Programme
- Psychological Support
- Medicine Regulation
- Social intervention
- Child Attention
- Occupational Orientation

- Focus my personal situation
- What is possible to do? How?
- Living in community
- What kind of interests I have?
- Rebuilt confidence
- Rebuilt hope
- Social Participation
- Focus ownself project

Home Programmes

- Home Programmes for single
- Home Programmes with relatives
- Programme of coordination with "home helper" (from social services)
- Derivation to FAISEM supported Houses

lines of intervention for Psysical Care

personal counseling

healthy routines

programmes anti tabac and other addition

physical activities and sports

sport with friends

learning new technologies

Modern Art Museum Project

I want to be a volunteer

AHTE

Working the social network

Participation Community Group

Associationism activities with

Young Club

Adult social club

Diversidad Mental Club

Avance Club

Vocational Programme

- "I come back to Study" Programme

- I want to work Programme (SOAE coordination)