



Evropská unie
Evropský sociální fond
Operační program Zaměstnanost



MINISTERSTVO ZDRAVOTNICTVÍ
ČESKÉ REPUBLIKY

Center of Mental Health



REFORMA PÉČE O DUŠEVNÍ ZDRAVÍ
Strategie reformy psychiatrické péče



Centers of Mental Health in CZ

- A new element in the system of care for people with mental illness
- Between ambulatory and bed care
- Connect social and health care services
- Focus on support in the common social environment
- Builds on community based social services
- Not recognized by legislation (two ministries, social and medical part, two founders, two leaders ...)



Centers of Mental Health in CZ





Centers of Mental Health in CZ

- As part of the reform of psychiatric care
- Innovative projects of Ministry of Health
- 1st stage
 - 5 centers, from 7/2018 - Praha, Havl. Brod, Přerov, Brno
- 2nd stage
 - 16 centers, from 4/2019, Center in Pilsen
- 3rd stage
 - In expectation



Target group

- People with severe mental illness (SMI)
- People needing early intervention / at risk of developing SMI
- From specific region (60 – 140 thousand inhabitants)



Principles

- Recovery
- Care adapts to client
- Fulfilling patients' rights and quality of their life
- Support in the common social environment (>50%, all members of the team – new in CZ)
- Assertive approach
- Prevention of crisis, early intervention, support in crisis
- Support during hospitalization (cca 650 people hospitalized for more than 6 months)
- Peer support
- Multidisciplinary team
- Complexity of services (psychiatric, psychological, social, employment support ...)
- Natural resources, related services



Center of Mental Health in Pilsen



Projekt "Podpora vzniku Center
duševního zdraví II", reg. č.:
CZ.03.2.63/0.0/0.0/15_039/0007037



Center of Mental Health in Pilsen

- In the project from 1. 4. 2019 to 30. 9. 2020
- Founders:
 - Ledovec, z.s. (NGO, provider of social services)
 - Psychiatrie-ambulance, s.r.o. (commercial org., provider of health services)
- Opening hours:
 - Working days, from 8:30 to 17:00 or by appointment
- Region:
 - Pilsen (cca 170 thousand inhabitants)



Center of Mental Health in Pilsen Personal

- **Social Part**
 - Social workers and workers in social services (4)
 - Peer consultant (1)
 - Specialist in Individual Placement Support (1)
- **Medical Part**
 - Psychiatrist (Psychotherapist) (1)
 - Clinical Psychologist (1)
 - Psychiatric/General Nurses (5)
- Leader of the team – 1 (social worker)



Center of Mental Health in Pilsen

History of Ledovec

- Build on services of Ledovec
- Founded in 2001
- Provider of social services from 2007
- Community teams for people with mental illness
- Sheltered living from 2006
- Peer consultant in team from 2014
- Specialist in IPS from 2017 (SE from 2005)
- Psychiatrist and Psychologist in team from 2015
- Telephone Crisis Aid (Helpline) form 2014
- Craft workshops
- Support of peer's activities and self-advocacy



Center of Mental Health in Pilsen

- Users – 127 persons
- Ended cooperation – 46 persons
- Consulting (one-off interventions) – more than hundred
- 2 cars
- Cooperation with the mental hospital and the psychiatric clinic
- Team meeting every day, case consultations with client, FACT model ...



Challenges

- How after the project?
- Legislation?
- Two providers?
- Team size?
- Leader of the team?
- The role of psychiatrist? (member of the team x decision-making power)
- Need for housing
- ...



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