

Evropská unie Evropský sociální fond Operační program Zaměstnanost











Centers of Mental Health in CZ

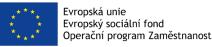
- A new element in the system of care for people with mental illness
- Between ambulatory and bed care
- Connect social and health care services
- Focus on support in the common social environment
- Builds on community based social services
- Not recognized by legislation (two ministries, social and medical part, two founders, two leaders ...)





Centers of Mental Health in CZ







Centers of Mental Health in CZ

- As part of the reform of psychiatric care
- Innovative projects of Ministery of Health
- 1st stage
 - 5 centers, from 7/2018 Praha, Havl. Brod, Přerov, Brno
- 2nd stage
 - 16 centers, from 4/2019, Center in Pilsen
- 3rd stage
 - In expectation





Target group

- People with severe mental illness (SMI)
- People needing early intervention / at risk of developing SMI
- From specific region (60 140 thousand inhabitants)





Principles

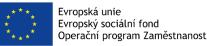
- Recovery
- Care adapts to client
- Fulfilling patients' rights and quality of their life
- Support in the common social environment (>50%, all membres of the team – new in CZ)
- Assertive approach
- Prevention of crisis, early intervetion, support in crisis
- Support during hospitalization (cca 650 people hospitalizad for more than 6 months)
- Peer support
- Multidisciplinary team
- Complexity od services (psychiatric, psychological, social, employment support ...)
- Natural resources, related services





Center of Mental Health in Pilsen

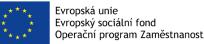






Center of Mental Health in Pilsen

- In the project from 1. 4. 2019 to 30. 9. 2020
- Founders:
 - Ledovec, z.s. (NGO, provider of social services)
 - Psychiatrie-ambulance, s.r.o. (commercial org., provider of health services)
- Opening hours:
 - Working days, from 8:30 to 17:00 or by appointment
- Region:
 - Pilsen (cca 170 thousand inhabitants)





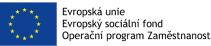
Center of Mental Health in Pilsen Personal

Social Part

- Social workers and workers in social services (4)
- Peer consultant (1)
- Specialist in Individual Placement Support (1)

Medical Part

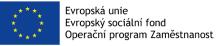
- Psychiatrist (Psychotherapist) (1)
- Clinical Psychologist (1)
- Psychiatric/General Nurses (5)
- Leader of the team 1 (social worker)





Center of Mental Health in Pilsen History of Ledovec

- Build on services of Ledovec
- Founded in 2001
- Provider of social services from 2007
- Community teams for people with mental illness
- Sheltered living from 2006
- Peer consultant in team from 2014
- Specialist in IPS from 2017 (SE from 2005)
- Psychiatrist and Psychologist in team from 2015
- Telephone Crisis Aid (Helpline) form 2014
- Craft workshops
- Support of peer's activities and self-advocacy





Center of Mental Health in Pilsen

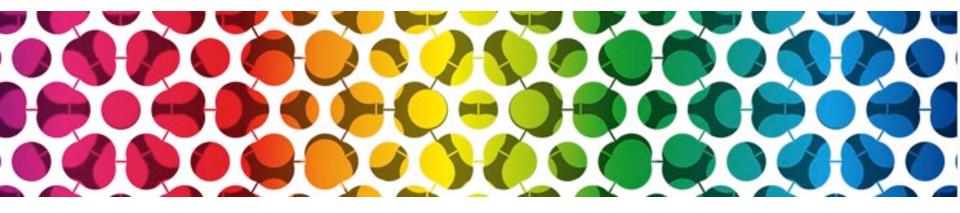
- Users 127 persons
- Ended cooperation 46 persons
- Consulting (one-off interventions) more than hundred
- 2 cars
- Cooperation with the mental hospital and the psychiatric clinic
- Team meeting every day, case consultations with client, FACT model ...





Challenges

- How after theproject?
- Legislation?
- Two providers?
- Team size?
- Leader of the team?
- The role of psychiatrist? (member of the team x decisionmaking power)
- Need for housing
- •



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